

Pre K-K & Grade 1-2 Level Soccer Guideline for Coaches

- 5 on 5 or 6 on 6 (depending on numbers) (5- goalie plus 4 on the field)
- Centre kicks (start the game, after every goal): the player kicking the ball can kick the ball in any direction, they may not touch the ball again until someone else has touched the ball.
- Goals CAN NOT be scored in the goal crease.
- Players (other than the goalie) CAN NOT enter the goal crease at any time of the game
- Throw-Ins: (should not take more than 10 sec.) (ball behind the head and both feet planted) The player taking the throw CAN NOT touch the ball until someone else has.
- Goal Kicks: All offensive players must clear the opposing teams area and go to the retreat line (please see explanation below). The ball will be placed at the top of the goal crease.
- Free-Kicks: opposing players need to stand back 10 feet or go to retreat line
- Substitution (some kids get tired easily and can't wait for the whistle. The coaches can agree if you would like to substitute on the fly or wait for a whistle)
- Once your team is up 4 goals please encourage them to work on their passing skills. (No need for scores to be 10-0, this is fun soccer)
- You, as coaches, must be fair to all of the players. We do not want to see one child scoring all the goals. Try to limit them to no more than 3 goals/player. As a coach you can, and should, control this. Encourage them to pass and set up team mates. (put them on defense or in net)
- Most and foremost go out and have fun
- Shin pads MUST be covered by the socks (no shin pads over socks please)
- No hats to be worn while playing on the field
- All players should be wearing the color shirt of their team

Retreat Line (implemented in 2017)

The Retreat Line will come into effect in two situations during the game:

- 1) A Goal Kick
- 2) A Free Kick to the defending team in their half

At these two restarts, the opposing team is required to move beyond the Retreat Line. The player taking the kick can then pass the ball to one of his team-mates without the pressure of an opposing player nearby. When the ball is touched by a 2nd player, the play will resume as normal and the "opposing" team can move inside the Retreat Line.

The Retreat Line is the centre line.